



25.06.2021

St. Helena's Weekly Newsletter

Dear Families,

I am aware that some of our children (and parents) are disappointed about a few things like changes to Sports Day, arrangements for September 2021 and a lack of face to face transition meetings at new schools. Helping children deal with disappointment and worry is painful and as adults, our first impulse is to try and fix the situation and find a solution to make it right for the child.

Equipping children with the tools to cope with disappointment and change makes them more resilient and better able to manage the unpredictability of life.

Children, especially younger ones, don't have the perspective adults have as a result of having lived through our share of disappointments. Instead, children may see things in black and white.

Validating their disappointments is a good place to start, especially during these unprecedented circumstances. Avoid false reassurances — you don't want to give your child unrealistic ideas about what you can promise them.

You might share your own past experiences of change and uncertainty, including how you dealt with those challenges and what the results were.

And as we know, disappointment does not last forever and very often the silver lining behind the dark clouds creates a better outcome.

So, our sincere apologies for any disappointment caused by the decisions made in school but they are always carefully thought through with the safety, security and best interests of the children in mind.

Thank you for your continued support, wise parenting and understanding as ever.
Have a great weekend

Mrs Belton x

PS Love and Congratulations to Harlow's Mummy and daddy on their big day tomorrow.

On Tuesday 6th July **BREAKFAST CLUB** will be held in the Little Explorers' Room. Please use their gate for access into Breakfast Club.

Thank you.

Sports Afternoon - Tuesday 29th June 2021

Sports Afternoon will be held on Tuesday 29th June at Alford Cricket Club. The children will need to come to school dressed in their PE kits and have suncream, sun hats, a waterproof coat and plenty to drink.

A special dinner of Hot Dogs, Flap Jack and a piece of fruit will be given to ALL children free of charge!

Unfortunately, the Department for Education have instructed schools to maintain their Covid-secure measures until the end of the academic year. With this in mind, we will have to **cancel parent spectators** at our Sports Day - we will still go ahead with the event for "bubbles" of children and they will need to be picked up from school at the usual times. Please be patient if we are a little late!

The children will be going to the ground by coach and returning to school at the end of the day. We kindly, ask for a £2 donation towards the cost of the transport. Please complete the slip below and return to school by Friday 29th June—Thank you.

Sports Afternoon — Tuesday 29th June 2021.

Please find enclosed a £2 donation towards the cost of transport for the Sports afternoon.

Child's name

Signed

Date

Little Explorers' will be having their sports afternoon on Thursday 1st July. Please can they come to school dressed ready in T-shirts, shorts and trainers. Thank you.

Relationships and Sex Education for Y2.

During week commencing 5th July 2021 Year 2 will be exploring Relationships and Sex Education as part of their Science and PSHE learning. All of the content to be delivered is in line with the Science Curriculum, and the new 2020/21 PSHE/RSE framework for primary schools.

If you have any queries about the content of the sessions, please do not hesitate to contact school for more information.

Diary Dates 2021

JUNE

29th Sports Afternoon.

JULY

1st Little Explorers' Sports Afternoon.
6th Y3,4 and 5 visit Arial Trail, Scunthorpe.
8th Rhubarb Theatre performance to the whole school
9th YR Visit to Farmer Brown's, Huttoft
15th 10am-12pm Teddy Bears' picnic for new Reception children
10:30am-11:30am New Little Explorers' introduction.
5pm New Reception children Parents' meeting
16th Y6 transition day at QEGS, Alford.
19th 3pm Open Evening—come and collect your child's report.
20th 6pm Year 6 Prom
21st End of term
22nd Staff Training Day
26th-30th John Spendluffe Summer School for Y6 children
transitioning to their Year 7.

SEPTEMBER

2nd Staff Training Day
3rd Staff Training Day
6th School Opens—Term 1

OCTOBER

18th-20th Year 6 Residential at Caythorpe
21st End of Term 1.



Alford Uniform Bank

Do you have any old uniform, or spare uniform? There is an Alford Uniform Bank (opposite Saywell's Butchers) which is open for everyone to use. There is no criteria, it is run a bit like a swap shop, no money changes hands however donations can be made. Some people bring in one size and take a different size! There are also baby clothes available. Uniforms are for all local schools including Secondary schools.

Even if your uniform is very old, they save the buttons and zips and then use the rest for rags. Nothing goes to waste!

Uniform shop open Wednesdays 9am to 4pm or you can drop your uniform off at our school office and we will take down.

Forest Church

A big thank you to Rev Sherine, Ruth and Church helpers for a lovely day yesterday at Forest Church. The children thoroughly enjoyed exploring the churchyard, making seed bombs and sharing cookies!

Parents look out for the leaflet telling families more about how to get involved with Forest Church. Children will not require a mask to attend Forest Church.

Year 4/5 Online Singing Event

Year 4/5 are taking part in an exciting online singing event which will be broadcast from Abbey Road Studios in London with celebrity guests singing. Miss Wickland is very excited about this and thought parents might like to take a look at what the children are up to. Please click on the link below :

<https://www.norfolkmusichub.org.uk/site/virtual-big-sing-2021/>

14/15th August 2021, Alford
FREE ENTRY **10am-5pm**

ALFORD 1940s WEEKEND
 14th - 15th August 2021

RATION BOOK

Music by....."Eleanor Mattley"	Living History Displays	✓
DJ..... Major Swing	Dancing	✓
Market.....Vintage traders	Classic Period Vehicles	✓
BBMF Flypast.....TBC	Military Vehicles	✓
	"Cafes & Tearooms"	✓
	Ticketed Evening Event	✓

ALFORD 1940's
Weekend
14th & 15th August
2021 10am - 5pm



Award given for best dressed
Boy & Girl



Examples of WW2 evacuees

- * Live Music, * Army & Civilian Vehicles,
- * Vintage Market, * Movie Poster Trail Competition,
- * Living History/Army Displays * RAF Flypast



Thank you for your support for
Cystic Fibrosis Yellow Day.
You raised £118.55.
Thank you

Sunnyside Garden

I have just been for a walk around the garden to take some photographs for you to see this week. I found lots of lovely surprises. The strawberries are very large and beginning to turn red so that I can pick them.

The pea pods are also beginning to fatten up telling me that the peas inside will be developing, so I think I will be able to find enough for a meal this week. Similarly the broad beans are also growing quickly now. I will start to test them to see if they are ready for harvesting. The beans inside the pods need to be large enough to eat. I usually pick all the broad beans that are ready and freeze them for later in the year. I like the beans to be young and not old and large, as the smaller ones taste nicer.

The gooseberries are also beginning to ripen. My variety begins to turn red and then I know they are ready to pick. I freeze the gooseberries, but also make some into chutney and jam.



BEWARE!

We have been made aware of a **Covid Vaccine Passport scam email** going around that purports to be from the **NHS** and informs recipients that they can apply for their “**Digital Coronavirus Passports**”

Clicking on the link within the email, takes you to a convincing but **fake** NHS website that asks for **personal** and **payment details**. (for an admin fee)

The website has since been taken down, but in case similar emails/websites appear can you please circulate the attached alert to your residents, members, groups and mailing lists.

And just to reiterate, your vaccination status is obtained FREE through the NHS App, website or by calling the NHS on 119.

More information can be found on the gov.uk website;

<https://www.gov.uk/guidance/demonstrating-your-covid-19-vaccination-status-when-travelling-abroad>

Please note that any Phishing scams can be reported to SERS (Suspicious Email Reporting Service): report@phishing.gov.uk

Best wishes

NEIGHBOURHOOD WATCH NETWORK, Central Support Team

Neighbourhood Watch Network is a charity registered in England & Wales, CIO no: 1173349